

# VOLUNTEERS NEEDED



Lend a hand for others

[reception@rjfs.org](mailto:reception@rjfs.org)

many options available

## Three RJFS Volunteer Opportunities!!!

- 1.** **Help move food to our monthly food distribution.** The NY food bank brings their truck to Nanuet. We need help for the LAST MILE, one Wednesday morning each month for an hour.
- 2.** Visit home-bound seniors and make a connection. Ask about our **Send-A-Friend program.**
- 3.** **Deliver soup and challah** to area Holocaust survivors on a Thursday afternoon.

Email [reception@rjfs.org](mailto:reception@rjfs.org) for details on any of these programs.

